

# Storytelling and Self-Management

EM054M95A

## Semestre

A

## Discipline

Interpersonal development techniques

## Volume horaire

27 H

## Nombre de places

30

## Ouvert aux visiteurs

Oui

## Langue

EN

## Responsable



Stéphane DANGEL

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# Liste des intervenants

Intervenant(s)	Email	Volume horaire CM
Patricia TEHAMI	<a href="mailto:patricia.tehami@em-strasbourg.eu">patricia.tehami@em-strasbourg.eu</a>	27 h
Stéphane DANGEL	<a href="mailto:sdangel@unistra.fr">sdangel@unistra.fr</a>	27 h

## Contribution pédagogique du cours au programme

Aucune contribution pédagogique associé à ce cours pour ce programme.

## Descriptif

Students will familiarise with proven "storytelling" techniques to produce various forms of personal accounts designed to enhance their international job search and future career development.

## Organisation pédagogique

### Face-to-face

- Lectures
- Tutorials
- E-learning

### In group

- Exercises
- Oral presentations
- Case studies/texts

### Interaction

- Discussions/debates
- Games (educational, role play, simulation)
- Personal accounts

### Others

Aucun élément de cette liste n'a été coché.

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## Objectifs pédagogiques

### Cognitive domain

A l'issue du cours, l'étudiant(e) devrait être capable de / d'...

- - (niv. 1) identify their core strengths, values and professional potential as well as their career objectives
- - (niv. 2) explain what added value their personal assets can bring to the workplace
- - (niv. 3) apply the acquired knowledge into persuasive personal narratives
- - (niv. 4) experiment with how to make a positive impact on their audiences
- - (niv. 5) evaluate the relevance of a chosen narrative content, form and delivery to a given job-hunting /business context
- - (niv. 6) assemble a relevant database of personal stories to be used in job-hunting and business situations

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### Affective domain

A l'issue du cours, l'étudiant(e) devrait être capable de / d'...

- - (niv. 3) accept to share as part of a give-and-take process

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## Objectifs de développement durable abordés

Aucun objectif de développement durable n'a été coché.

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## Plan / Sommaire

All sessions rely on students enhancing their self-awareness both individually and through group work. Students are encouraged to draw inspiration from videoed presentations by charismatic speakers.

### Session 1: Induction

- Confidence-building, impromptu storytelling
- Taking ownership of one's story: body language and delivery, audience focus
- ORIENTATION ON ASESMENT REQUIREMENTS

### Session 2

- Storytelling vocabulary; verb tense structures in narratives
- Narrative structures and narrative rhythm
- COACHING CIRCLE

### Session 3

- Self-assessment and personal story-types
- Storyline and personal mottos

- Guiding metaphors
- Storytelling style
- BLINDFOLDED METAPHORICAL SELF-DISCOVERY
- ORIENTATION ON WRITTEN ASSIGNMENT I (your personal storied bio) - DUE DATE: SESSION 6

#### Session 4

- Intercultural underpinnings
- Storied bios
- Your values and your "backstory"
- Your personal narrative material: your learning experience, your "gifts" and expertise
- Believability, humanising, empathy
- ORIENTATION ON ORAL ASSIGNMENT : 3-MINUTE BACKSTORY PRESENTATION (video or Powerpoint)

#### Session 5

- Clusters and patterns in your personal stories
- Further focus on audience targeting
- Storied Powerpoint presentations

#### Session 6

WRITTEN ASSIGNMENT I DUE DATE

ORIENTATION ON WRITTEN ASSIGNMENT II (your storied elevator pitch) - DUE DATE: SESSION 8

- Compacting your story: Elevator pitches
- Expanding your narrative journey on professional social media: 3 Facebook postings on the same story but on a different aspect / with a different twist / with, text + picture/s, video/s, links
- ASSESSED BACKSTORY PRESENTATIONS

#### Session 7

- Expanding your narrative journey on professional social media (above work continued)
- Facebook page calendar : 1 posting per week over 8 weeks
- Building your Pinterest / Instagram account
- CV writing (experience section)
- ASSESSED BACKSTORY PRESENTATIONS

#### Session 8

WRITTEN ASSIGNMENT II DUE DATE

- Cover letters
  - Job interviews, job appraisals, project descriptions, etc.
- ASSESSED BACKSTORY PRESENTATIONS

#### Session 9

- Job interviews, job appraisals, project descriptions, etc. (above work continued)
  - Final questions and additional tips
  - Conclusion : your course feedback story
- ASSESSED BACKSTORY PRESENTATIONS

## **Prérequis nécessaires**

### **Connaissances en / Notions clés à maîtriser**

A minimum level of spoken and written English is required : B2

(<https://rm.coe.int/CoERMPublicCommonSearchServices/DisplayDCTMContent?documentId=090000168045bb52>)

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## Supports pédagogiques

### Mandatory tools for the course

- Computer

### Documents in all formats

- Newspaper articles
- Case studies/texts
- Worksheets

### Moodle platform

- Upload of class documents
- Interface to submit coursework

### Software

Aucun élément de cette liste n'a été coché.

### Additional electronic platforms

Aucun élément de cette liste n'a été coché.

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## Bibliographie recommandée

### Ouvrages principaux

A more thorough bibliography/webography will be handed out in the first session.

- Steve Denning - <http://www.stevedenning.com/site/Default.aspx>
  - Terence Gargiulo, "Stories at Work: Using Stories to Improve Communication And Build Relationships" (2006)
  - Annette Simmons, "The Story Factor" (2006)- <http://www.annettesimmons.com/books/the-story-factor/>
  - [http://astoriedcareer.com/terrence\\_gargiulo\\_qa.html](http://astoriedcareer.com/terrence_gargiulo_qa.html)
  - <http://www.getstoried.com/>
  - <http://www.storybranding.com/site/>
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### Littérature complémentaire

Stéphane DANGEL - Storytelling minute 170 histoires prêtes à l'emploi pour animer vos interventions - Eyrolles, janvier 2014

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## Travaux de recherche de l'EM : Veillez à mobiliser au moins une ressource

Peuvent être renseignés les manuels coordonnés, les traductions de manuel, les études de cas traduites etc...

- Stéphane DANGEL, Patricia TEHAMI, « Storytelling and Self-Management » : Les Frontières du vécu à la croisée des cultures dans le cadre d'un cours de Développement Personnel et Professionnel à EM Strasbourg Business School (Actes du 43e Congrès UPLEGESS, Strasbourg, 27-30 mai 2015, p. 201-208)

- Patricia TEHAMI. "Enhancing Students' Cross-cultural Understanding and Employability through Storytelling", Decision Line, Vol. 48, N°4, July 2017, pp. 7-9.

<http://www.decisionsciences.org/Publications/Decision-Line>

## **Modalités d'évaluation**

### Liste des modalités d'évaluation

**Evaluation intermédiaire / contrôle continu 1**Autre (date, contrôle surprise...) : Throughout the course

Ecrite et orale (300 min) / individuelle / Anglais / pondération : 50 %

Précisions : 1° One-page story: 20% Session 6 - 2° Elevator Pitch: 10% Session 8 - Backstory presentation (in the last 2 or 3 sessions) and regular class contribution: 20%

**Evaluation finale**Semaine d'examens

Ecrite (120 min) / individuelle / Anglais / pondération : 50 %

Précisions : No class notes or documents will be allowed